

How to start a conversation with children up to eight years old about...

Sharing Images Online.

Talking to your child about sharing or receiving images safely is important as soon as they are using a device. As a parent or carer, you need to set out the boundaries of what is and isn't appropriate.

It can be tricky to get a conversation like this started so we've put together some suggestions to help you get the ball rolling.

#DontAskMe

"Do you know what you should and shouldn't share with people online?"

"Do you know why games and films have age ratings on them?"

"Who would you send a photo to? Would you send one to someone that you didn't know in real life?"

"If anyone ever sent you a photo, you need to let me know, is that a deal?"

"Have you ever spoken to someone online who you haven't met in the real world?"

"Which other rules do you think we should have about you being on a screen?"

"Has anyone ever asked to friend you when you have been playing online? What did you do?"



How to start a conversation with children **over** eight years old about...

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"Do you know what nudes are? What you say if someone asked you to send a nude?"

"Has anyone ever asked you to take a picture of yourself?"

"Have you ever seen a nude on your phone? Would you know what to do if you saw one?"

"Where would you go if you saw something inappropriate? This might be something that makes you feel uncomfortable, afraid, weird or excited."

"Can you tell me the parts of your body that should not be photographed?"

"Who would you talk to if you needed to know something about gaming/social media/being online?"

"Who do you think has great online advice? Would that person be your 'trusted adult'?"

#DontAskMe

